

One of the most important tips for successful Pickleball play is partner communication. One really important rule - do not hog the ball by running onto your partners side of the court unless they call "Yours" or "Switch", and never, ever, run backwards! Get into the habit of calling your balls even when it's obvious, it will only make your partnership stronger.

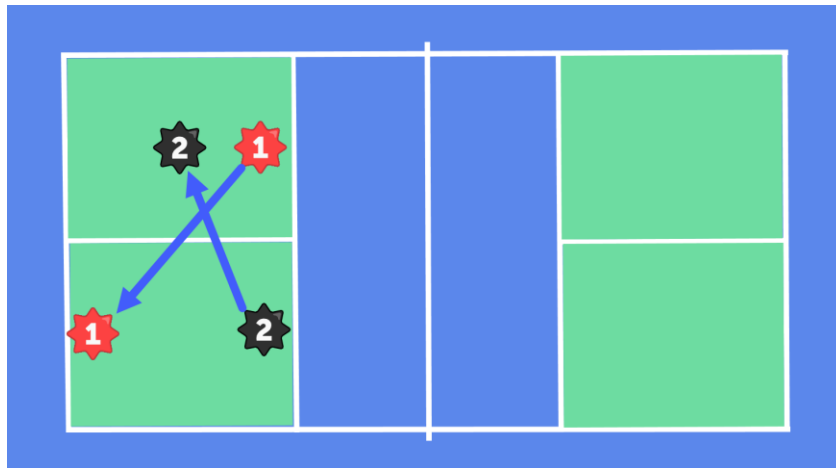
Having said this, what about lobs??? First rule? NEVER, EVER, RUN BACKWARDS! We've had a number of falls recently – and running backwards can lead to a very bad fall by hitting your head.

Here is a link to a [short but excellent video](#) which demonstrates how to handle switching when a ball is lobbed.

This is the process that should be followed:

A lob is hit to Player #2. If 2 can hit the ball by raising their paddle, that's fine. But if the ball is going to go over Player #2's head, they should call "YOURS". The following should occur:

- NEVER run backwards!
- Player #1 pivots and turns sideways, then runs to the back of the court to return the lob – FACING the baseline.
- Player #2 pivots and goes mid-court.
- After returning the ball, Player #1 begins to return to the no-volley line, with both players moving back into position together.



No matter what – NEVER RUN BACKWARDS! If you (or your partner) cannot get the ball, simply say "Great shot!". It's never worth an injury to make a shot.

**Note:** It's OK to let it go too, as 60 to 70% of lobs attempted either will go too long or too short. If it goes in, say great shot!