

HOW TO HIT A GOOD DINK SHOT

The ability to hit a good dink shot can be an equalizer when facing a player who is faster or stronger.

To hit a good dink shot:

1. Bend your knees.
2. Use the continental grip. Imagine you're shaking hands as you grab the paddle. Have a light grip.
3. Find a consistent stroke - a low underhand stroke.
4. Hit into the kitchen, forcing your opponent to concentrate on footwork as well.
5. Give the net clearance. A perfect dink goes just over the net. Since this is not always easy to do, aim a good distance above the net...a margin of error.

TIPS FOR HITTING DINKS LIKE A PRO

1. Wait until the ball is about to bounce a second time to hit the dink. This gives you extra time to get in position and assess your opponent's position.
2. The dink and drop shots are often confused. A drop shot is hit from somewhere in the back end of the court and drops into the kitchen. Both shots will improve your game.
3. Dinks are rarely the winning shots; they set you up for a winning shot. Dinks force your opponent to hit the ball at an awkward angle. You're controlling the game by aiming for your opponent's feet and returning the ball with precision aim.
4. Dinking has to be done softly or it will pop up too high.
5. BE PATIENT. The dink allows you to use a patient, steady shot to overcome your opponent. It's the reason so many seniors like us are able to outplay our younger counterparts. ***The dink is really the thinking man's shot in pickleball.***

There you have it!! See you on the courts, Villagers! LET'S GO DINK!

Village Pickleball members are invited to come to the courts this coming Sunday from 12-3 to support the members playing in the friendly Silver Creek/Villager mixer.