

Villages Pickleball Club

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Contact: Linda Eige

LindaEige@gmail.com

408-930-0771



Bruce Wallace has the right idea about pickleball! Bruce is 88 years old and a regular, very competitive, pickleball player. According to Senior Housing News, pickleball facilities are a must-have amenity in active senior communities.

Pickleball is surging in popularity, especially among players age 55 and over. It is gaining by approximately 12% year-to-year making it one of the fastest growing sports in the U.S.

Pickleball is low impact on knees and joints and it is easy to learn the basics of the game. Regular play can improve fitness and hand-eye coordination. Most important, pickleball games are fast, fun and social.

Come on out and try pickleball, we welcome new players. We play all year, weather permitting, on tennis courts 5 and 6. Mike Walias volunteers his expertise every Wednesday and Friday from 1-1:30 to introduce and instruct new players on the basics of the game. No need to sign up, just show up! Wear comfortable clothes and court shoes.

More info at: villagespickleball.org

