

SECRETS TO IMPROVE YOUR GAME

Do you feel unsure what strategies or techniques will take your game to the next level? Here are some secrets:

1. People move up too fast after a third shot drop. Move up a little, but don't run up unless you see how good of a drop your partner hits. Work your way up to the kitchen line slowly if the drops aren't good. It's a lot easier to get a fastball back if it isn't being crushed at your feet or face.
2. Do you feel like you hit your dinks too high and keep getting them smashed into you? Watch a pro match when they're dinking. They hold their non-dominant elbow into the air. They do this to keep their balance when they're getting low to dink, thus giving them more control.
3. Hit in the middle more. This creates less angles for your opponent and can slow things down a bit.
4. Stop hitting everything. We all know you are a beast at the net, but do you know what isn't helping you? Hitting every single ball that is hit towards you. How many out balls have you or I hit? TOO MANY? But how do I learn when a ball is going out?

Start letting balls go above your shoulders. Sometimes they will go in, but more often they will go out. How easy it is to duck or not move your paddle to the ball sometimes! A free point!

Have fun, Pickleballers! Hope to see many of you at our Dink 'N Drink today at 4:30!

* WE SHOULD ALWAYS BE PATIENT WITH BEGINNING PB PLAYERS. REMEMBER, WE ALL STARTED OUT AS A CUCUMBER! *