

I Really Want to Improve My Game! Help!

We hear this often, so here are a few friendly suggestions.

1. Serve Deep.

This does two things: It keeps your opponent away from the kitchen line. It makes their return serve shot harder because it's further away.

2. Return Serves as deep as possible.

3. Don't Be a Victim of the Pickleball Panics.

It's easy to lose control over your body when you play. We've all been there. To help with this, *focus on your footwork*. When you panic, your feet tend to shut down. Keep your feet relaxed.

4. Always Be Ready.

What do infield baseball players look like when the pitch is being thrown? They're not standing up straight with their hands at their sides! They're crouching slightly with their glove and hands ready. Do the same in Pickleball. It doesn't really matter how you do it, but just getting in your stance is important.

5. Make Sure You Stretch.

It will help you prevent injury and help you on the court.

6. Unlock Power Shots the Right Way.

When a hard hit shot comes over the net, stop the power shot by ***not swinging*** at it. Instead, stick your paddle out and just let it collide. It works! 😊

7. KNOW THE RULES, including the non-obvious ones.

For example, did you know that touching the net is a fault? Or that it's also a fault if you and your partner disagree on a line call on your side of the court?

8. If the ball goes out, call it **quickly**.

It's not just common courtesy, but it's a rule as well. When you're judging whether a ball is in or out, you have to make your judgement nearly instantly. (OOPS, yours truly is sometimes guilty of not doing this). Make sure you say it LOUDLY so all can hear you. **"OUT!"**

It's not too late to sign up for our PB Tournament on October 14 and 15. Sign-ups close on Oct. 8th. Also, please sign up for our exciting end-of-season Dink and Drink with Taco Truck on Sunday, Oct. 22! See you on the courts with those great smiling faces!